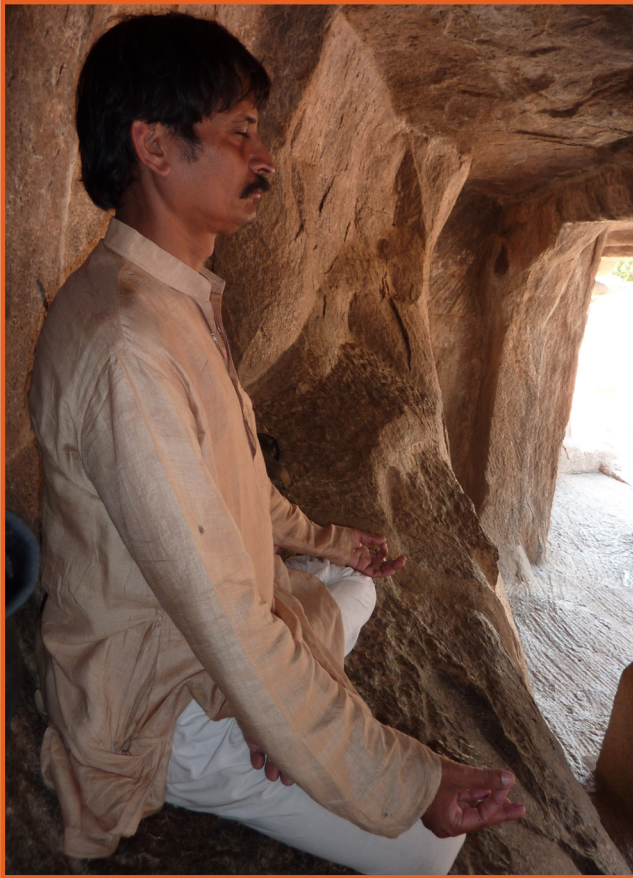




HINDU CULTURAL CENTER OF CONNECTICUT, Inc (HCC)

Registered Tax-Exempt Non-Profit Religious & Cultural Organization, IRS-ID # 04-3752474



Journey to Celebration through Meditation

with Swami Gupta
Hidden Himalayan Mystic

Sunday, June 4, 2017
8 am - 1:00 pm at HCC

Experience ancient meditation techniques, including *Kriyas* and *Akriyas*, guided meditations, celebration, music, dance, and kirtan.

RSVP to hold your spot.

Kamal Pandya (203) 685-1358

Wendy Simmons-Taylor (203) 521-0359

hcc.yoga.wendy@gmail.com

Heartfull Donations Accepted

SWAMI GUPTA, HIDDEN HIMALAYAN MYSTIC - DON'T MISS YOUR MOMENT!

Swamiji, a realized mystic, was born into a respectable high Rig Veda Bharadwaja Brahmin family in eastern India. He began his journey at a very early age, met many high Himalayan Masters and was transformed. He made his further journey, and crossed the kriya-duality state, ultimately the religion stage on 23 December 2002, entering into the advaita state. He got his Self-Realization (Turiya) on 19 December 2004. He has travelled all over India, visiting extensively the inner and hidden Himalayas, and from Himalayas to Konya Kumari, and Dwarka to Nadia.

Swamiji can answer all your spiritual questions concerning the art of living, art of dying, and holds unbounded spiritual question and answer sessions. He performs initiation for a real spiritual journey, conducts Mantra sessions, Chakra Healing, and Kundalini Awakening.

His teaching is here and now, moment to moment, how to dissolve past and future, and celebrate. When you adopt here and now, past and future will dissolve, and you will come to the present. Rare moments spent with Swamiji begin a "Journey to Celebration Through Meditation."

Swami Gupta will guide participants to experience the way a Spiritual Day should roll out. There will be ample opportunities throughout the morning for Spiritual Question & Answer with Swamiji. Registered participants will be told to arrive on time with an empty stomach. Only water and tea may be taken prior to arrival. Throughout the day water and tea will be available. Vegetarian breakfast will be served at 9:30 am, and vegetarian food will be served at appropriate intervals. Swamiji will explain many appropriate ancient techniques and practices during the course of the intensive.

Hindu Cultural Center (HCC) | 96 Chapel Street, Stratford, CT 06614

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